



EP001 Practice Workbook

Introduce Yourself in English

LEVEL	A1 Beginner
GOAL	Say your name, where you are from, where you live, and one personal fact.

Today you will practice

- ✓ Say your name, where you are from, where you live, and one personal fact.
- ✓ Use the four core phrases in a short conversation.
- ✓ Speak aloud, shadow key sentences, and complete a real-life mini challenge.
- ✓ Finish with a short quiz and three-word spelling practice.

How to use this workbook

1. Watch the lesson. 2. Complete the written practice. 3. Say the speaking tasks aloud. 4. Check your answers. 5. Repeat one difficult sentence three times.

Tip: Short, clear practice is better than rushing. Speak slowly first, then try again at a natural pace.



Core Phrases + Story Conversation

Phrase	Meaning	Example
My name is ...	Use this to give your name clearly.	My name is Emma.
I'm from ...	Use this for your country, city, or hometown.	I'm from Canada.
I live in ...	Use this for the place where you live now.	I live in Melbourne.
Nice to meet you.	Say this when you meet someone for the first time.	Nice to meet you too.

Mini dialogue

Emma: Hi. My name is Emma.
Daniel: Hi, Emma. I'm Daniel. Nice to meet you.
Emma: Nice to meet you too.
Daniel: Where are you from?
Emma: I'm from Singapore, but I live in Melbourne now.
Emma: How about you?
Daniel: I'm from Canada. I live near the city center.
Emma: Is this your first class here?

Story check

Who is speaking? What is the main situation? Say one sentence from the dialogue in your own voice.



Vocabulary Builder

Learn the word, understand the simple meaning, then say the example sentence aloud.

Word	Simple meaning	Example sentence
name	the word people call you	My name is Emma.
from	shows your origin	I'm from Canada.
live	have your home in a place	I live in Melbourne.
meet	see someone for the first time	Nice to meet you.
city	a large town	I live near the city center.
class	a lesson with a teacher	This is my first class here.

Make it yours

Choose any three vocabulary words. Write one new sentence for each word.

1. _____
2. _____
3. _____

Quick pronunciation focus

Circle one word that is difficult to say. Say it slowly three times, then use it in a full sentence.

Difficult word: _____ My sentence: _____



Guided Practice

Complete the sentences

My _____ is Amina.

I'm _____ Brazil.

I _____ in Lisbon now.

Nice to _____ you.

I _____ reading after work.

Choose the natural reply

'Nice to meet you.' a) Nice to meet you too. b) I live in Rome.

'Where are you from?' a) I'm from Korea. b) My name is Leo.

'How about you?' a) I enjoy photography. b) See you yesterday.

Build your own conversation

Use the core phrases from this lesson. Write 4-6 short lines.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Challenge: Read your conversation aloud once without stopping. Then read it again with more natural rhythm.



Speaking + Shadowing + Spelling

Speaking mission

- Write a 4-sentence introduction using your real information.
- Record a 20-second introduction without reading.
- Repeat it once slowly, then once at a natural pace.
- Listen again and check the final sounds in name, from, live, and meet.

Real-life role play

Imagine you meet a new classmate. Say your name, hometown, current city, and one thing you like. Then ask: "How about you?"

Shadowing practice

Listen to the lesson audio if available. Repeat immediately after the speaker. Copy rhythm, stress, and pauses.

- My name is Emma.
- I'm from Canada.
- I live in Melbourne.
- Nice to meet you.
- This is my first class here.

Three-word spelling practice

Look at each word. Cover it. Spell it aloud. Then write it from memory.

Word	Write from memory	Use it in a sentence
NAME	_____	_____
CITY	_____	_____
COUNTRY	_____	_____

Self-check: [] clear letters [] steady pace [] full sentence



Quick Quiz + Mini Challenge

Part A - Multiple choice

1. Which sentence gives your origin?
 - a) I live in Rome.
 - b) I'm from Brazil.
 - c) Nice to meet you.
2. Which reply is natural after "Nice to meet you"?
 - a) Nice to meet you too.
 - b) I'm from Korea.
 - c) See you yesterday.
3. Complete: I ____ in Lisbon now.
 - a) live
 - b) from
 - c) meet
4. Which is a personal fact?
 - a) I like reading.
 - b) Nice to meet you.
 - c) My name is ...

Part B - Fill in the blank

1. My _____ is Leo.
2. I'm _____ Canada.
3. I _____ in Singapore.
4. Nice to _____ you.

Mini challenge

Imagine you meet a new classmate. Say your name, hometown, current city, and one thing you like. Then ask: "How about you?"

My best sentence today

One thing I want to improve next time



Answer Key + Review

Guided practice answers

Guided A: 1 name, 2 from, 3 live, 4 meet, 5 like. Guided B: 1 a, 2 a, 3 a.

Quiz answers

Part A: 1 b, 2 a, 3 a, 4 a

Part B: 1 name, 2 from, 3 live, 4 meet

Shadowing checklist

- I listened before I repeated.
- I copied the speaker's rhythm.
- I spoke in short thought groups.
- I recorded myself once.
- I repeated one difficult sentence three times.

Lesson review

Write the four core phrases from memory, or say them aloud without looking.

1. _____
2. _____
3. _____
4. _____

Next episode

EP002 - Meeting Someone New

Emma and Daniel meet again and learn how to keep a friendly conversation going.

Small steps. Clear English. Real conversations.